



COVID-19 Quarantine and Isolation Guidance by Population

Updated December 31, 2021

<p>General Public (Includes but is not limited to, customer/client-facing businesses, <u>assisted living residences personnel</u>, non-profit organizations, and office-based businesses; but <u>excludes hospital, nursing home, and PreK-12 personnel</u>. There will be separate guidance for the PreK-12 sector.)</p>	
<p>Isolation (for those who have tested positive for COVID-19)</p>	
<p>Anyone who tests positive for COVID-19, regardless of your vaccination status</p>	<ul style="list-style-type: none"> Stay home and isolate for 5 days even if you do not have any symptoms. After 5 days, if you have no symptoms or your symptoms are resolving, you may leave isolation. Should continue to wear a well-fitting mask around others for 5 additional days <p><i>If you have a fever, continue to isolate at home until your fever resolves.</i></p>
<p>Quarantine (For those who have come in close contact¹ with someone who tested positive for COVID-19)</p>	
<p>Anyone who has received a booster</p> <p style="text-align: center;">OR</p> <p>Completed the primary series² of Pfizer or Moderna vaccine in the last 6 months</p> <p style="text-align: center;">OR</p> <p>Completed the primary series of Johnson & Johnson vaccine in the last 2 months</p>	<ul style="list-style-type: none"> Do not need to quarantine Should wear well-fitting mask around others for 10 days Should test on day 5, if possible <p><i>If symptoms develop, stay home and get a test.</i></p>
<p>Completed the primary series of Pfizer or Moderna vaccine more than 6 months ago and are not boosted</p> <p style="text-align: center;">OR</p> <p>Completed the primary series of Johnson & Johnson vaccine more than 2 months ago and are not boosted</p> <p style="text-align: center;">OR</p> <p>Have not completed the primary series of COVID-19 vaccine</p>	<ul style="list-style-type: none"> Must quarantine for at least 5 days Should continue to wear a well-fitting mask for 5 additional days after quarantine Should test on day 5 if possible <p><i>If symptoms develop, stay home and get a test.</i></p>

¹ Close contact means being within six feet of someone for a cumulative total of 15 minutes or more over a 24-hour period

² Primary series is defined as having received one dose of Johnson & Johnson COVID-19 vaccine or two doses of Moderna or Pfizer COVID-19 vaccine, or three doses of Moderna or Pfizer COVID-19 vaccine for people with moderately to severely compromised immune systems.

Healthcare Personnel at Hospitals and Skilled Nursing Homes

See CDC guidance document for definition of Healthcare Personnel: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>

Work Restrictions for HCP with COVID-19 Infection

See full guidance here: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>

Vaccination Status	Conventional	Contingency ³	Crisis ⁴
Boosted, Completed Primary Vaccine Series Only, or Unvaccinated ⁵	Isolate for 5 days with or without a negative test if asymptomatic or mildly symptomatic (with improving symptoms) and continue to wear a well-fitting mask for an additional 5 days.	Isolate for 5 days with or without negative test if asymptomatic or mildly symptomatic (with improving symptoms) and continue to wear a well-fitting mask for an additional 5 days.	No restrictions with prioritization considerations (e.g., asymptomatic or mildly symptomatic)

Work Restrictions for Asymptomatic HCP with Exposures

See full guidance here: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>

Vaccination Status	Conventional	Contingency	Crisis
Boosted	No work restrictions with negative test on day 2 & 5-7	No work restrictions	No work restrictions
Completed Primary Vaccine Series Only or Unvaccinated, even if within 90 days of prior infection	Quarantine for 5 days	No work restrictions with negative test on days 1, 2, 3, & 5-7	No work restrictions (test if possible)

Please note: Upon changing staffing category (e.g., from “contingency” to “crisis”), healthcare facilities must notify RIDOH by reporting to the Center for Health Facility Regulations. Additionally, hospitals and skilled nursing facilities that shift from contingency to crisis staffing must post their staffing status and an explanation on their websites or other public-facing areas.

³ Contingency staffing means staffing shortages are anticipated at healthcare facilities. Such facilities, in collaboration with human resources and occupational health services, should use contingency capacity strategies to plan and prepare for mitigating this problem.

⁴ Crisis staffing means there are no longer enough staff to provide safe patient/resident care.

⁵ All healthcare workers are required to be vaccinated against COVID-19 effective October 1, 2021, unless a medical exemption applies.

Nursing Home and Assisted Living Facility Residents

Quarantine Duration	<ul style="list-style-type: none"> Quarantine for 14 days, in a separate room if feasible, from last day of contact/exposure to a case or COVID-19 unit. Resident must quarantine even if fully vaccinated.* Quarantine for 14 days after hospital discharge or if being newly admitted to the facility. Quarantine is not necessary if resident is fully vaccinated* and has not had close contact exposure or travel in the past 14 days. Quarantine for 14 days after ED visit discharge if being newly admitted to the facility. Fully vaccinated* newly admitted residents and existing residents returning to the facility after an ED visit do not need to quarantine if no close contact exposure or travel in the past 14 days. See page 5 for quarantine after COVID-19 infection or vaccination.
Isolation Duration -AND- End Isolation Requirements	<p>Symptomatic person (not immunocompromised**) Isolate for at least 10 days until:</p> <ul style="list-style-type: none"> At least 10 days have passed since symptoms first appeared AND At least 24 hours have passed since last fever without fever-reducing medications AND Symptoms have improved <p>Symptomatic person (immunocompromised**) Isolate for at least 20 days until:</p> <ul style="list-style-type: none"> At least 20 days have passed since symptoms first appeared AND At least 24 hours have passed since last fever without fever-reducing medications AND Symptoms have improved <p>Asymptomatic person, tested positive and does not have symptoms, use time-based strategy Persons who are not immunocompromised** and remain asymptomatic:</p> <ul style="list-style-type: none"> Isolation may be discontinued when at least 10 days have passed since the date of their first positive diagnostic test. <p>Persons who are immunocompromised** and remain asymptomatic:</p> <ul style="list-style-type: none"> Isolation may be discontinued when at least 20 days have passed since the date of their first positive diagnostic test. <p>Consider test-based strategy if person is immunocompromised** and concerns exist for the person being infectious for more than 20 days. Consultation with infectious disease specialist is advised in deciding to use the test-based strategy. Isolate until:</p> <ul style="list-style-type: none"> Fever free without fever-reducing medications AND Symptoms improved AND Two negative tests 24 hours apart
Hospital Discharge Testing Surveillance and Outbreak Testing	<ul style="list-style-type: none"> Fully vaccinated patients do not need to be tested before hospital discharge. Test patients who are not fully vaccinated in the hospital before discharge to a congregate setting: <ul style="list-style-type: none"> COVID-negative/status unknown hospital patients: negative result from one PCR test obtained from a nasopharyngeal specimen at any time during the hospital stay COVID-negative/status unknown residents admitted to the facility from the ED: If no current symptoms of COVID-19, no testing recommended. Monitor and test immediately if symptoms appear. Surveillance testing and testing during an outbreak as recommended by RIDOH See page 5 for surveillance testing after COVID-19 vaccination After testing positive, testing again in the next 90 days is not recommended
Where to Test	Testing may be arranged by RIDOH. Call 401-222-8022.

* Fully vaccinated is defined as having received all recommended doses of an FDA-authorized or WHO-authorized COVID-19 vaccine **AND** more than 14 days have passed since receipt of the final dose

**The CDC defines immunocompromised as:

- Currently receiving chemotherapy for cancer
- Being within one year out from receiving a hematopoietic stem cell or solid organ transplant
- Untreated HIV infection with CD4 T lymphocyte count lower than 200
- [Primary immunodeficiency \(PI\)](#)
- Taking immunosuppressive medications (e.g., drugs to suppress rejection of transplanted organs or to treat rheumatologic conditions such as mycophenolate and rituximab)
- Taking more than 20 mg a day of prednisone, for more than 14 days
- Other condition(s) as determined by the treating healthcare provider

Other Congregate Care Facility Residents

(Residents of homeless shelters, group homes, correctional facilities, detention centers, and training school)

Quarantine Duration	<ul style="list-style-type: none"> • 10 days from last day of contact/exposure to the case OR • 7 days with a negative result from a test taken 5 days or more after exposure • Always watch for symptoms for a full 14 days after exposure • Ideally quarantine in a separate room, if feasible • Facilities may elect to quarantine newly admitted residents and residents returning after hospital or ED visit discharge. Fully vaccinated* residents do not need to quarantine if no close contact exposure or travel in the past 14 days. • See page 5 for quarantine after COVID-19 infection or vaccination <p>In homeless shelters and facilities where adherence to quarantine is challenging:</p> <ul style="list-style-type: none"> • Resident must wear cloth face covering or mask at all times, as tolerated • Implement best possible physical distancing • Conduct diligent symptom monitoring
Isolation Duration	<p>Symptomatic person (not immunocompromised**) Isolate for at least 10 days until:</p> <ul style="list-style-type: none"> • At least 10 days have passed since symptoms first appeared AND • At least 24 hours have passed since last fever without fever-reducing medications AND • Symptoms have improved <p>Symptomatic person (immunocompromised**) Isolate for at least 20 days until:</p> <ul style="list-style-type: none"> • At least 20 days have passed since symptoms first appeared AND • At least 24 hours have passed since last fever without fever-reducing medications AND • Symptoms have improved
-AND- End Isolation Requirements	<p>Asymptomatic person, tested positive, and no symptoms, use time-based strategy Persons who are not immunocompromised** and remain asymptomatic:</p> <ul style="list-style-type: none"> • Isolation may be discontinued when at least 10 days have passed since the date of their first positive viral diagnostic test. <p>Persons who are immunocompromised** and remain asymptomatic:</p> <ul style="list-style-type: none"> • Isolation may be discontinued when at least 20 days have passed since the date of their first positive viral diagnostic test. <p>Consider test-based strategy if person is severely immunocompromised** <u>and</u> concerns exist for the person being infectious for more than 20 days. Consultation with infectious disease specialist is advised in deciding to use the test-based strategy. Isolate until:</p> <ul style="list-style-type: none"> • Fever free without fever-reducing medications AND • Symptoms improved AND • Two negative tests 24 hours apart
Hospital Discharge Testing	<ul style="list-style-type: none"> • Fully vaccinated patients do not need to be tested before hospital discharge. Test patients who are not fully vaccinated in the hospital before discharge to a congregate setting: <ul style="list-style-type: none"> – COVID-negative/status unknown hospital patients: negative result from one PCR test obtained from a nasopharyngeal specimen at any time during the hospital stay – COVID-negative/status unknown residents admitted to the facility from the ED: If no current symptoms of COVID-19, no testing recommended. Monitor and test immediately if symptoms appear. • Surveillance testing and testing during an outbreak as recommended by RIDOH • After testing positive, testing again in the next 90 days is not recommended • See page 5 for surveillance testing after COVID-19 vaccination
Surveillance and Outbreak Testing	
Where to Test	Testing may be arranged by RIDOH. Call 401-222-8022.

* Fully vaccinated is defined as having received all recommended doses of an FDA-authorized or WHO-authorized COVID-19 vaccine **AND** more than 14 days have passed since receipt of the final dose

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- Taking more than 20 mg a day of prednisone, for more than 14 days
- Other condition(s) as determined by the treating healthcare provider